

PAIGE E. PALENSKI

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EDUCATION

McGill University, Montreal, QC

Bachelor of Arts, Psychology; Bachelor of Arts, Linguistics

2013-2017

RESEARCH AND OCCUPATIONAL EXPERIENCE

Villardaga Lab, Duke University, Durham, NC

Clinical Research Specialist Sr.

Dec 2017-Present

Working as the Clinical Research Specialist on clinical trials of a novel smoking cessation app, *Quit on the Go*. The study focuses on smoking cessation in a serious mental illness (SMI) population. The goal of the study is to examine the strengths and weaknesses of the app in order to further refine the app and its ability to help those with SMI quit smoking.

Duties include: Recruitment and screening of study participants, scheduling participants, informed consent procedures, qualitative interviews, administering of cognitive tasks, data entry and management, and maintenance of office and experimental supplies (e.g. NRT patches, copies of consent forms).

McGill Language & Multilingualism Lab, McGill University, Montreal, QC

Research Assistant

Jan 2016-June 2017

Worked as an undergraduate research assistant in Debra Titone's laboratory, which investigated the differences between bilingual/multilingual people, and monolingual controls; specifically, the differences in executive control between these two groups. Studies were mostly done with French-English bilingual participants. A variety of eye-tracking tasks, cognitive tasks, and surveys/questionnaires were used to investigate the research question(s).

Duties include: Recruitment and screening of participants, scheduling of participants, administering eye-tracking and cognitive experiments, administering surveys/questionnaires, data entry and management, assisting in the formulation of experimental protocols, and training of other undergraduate RAs.

Reliance Health, Inc., Norwich, CT

Part-Time Counselor

May-Aug 2015

Worked for a summer at the non-profit Reliance Health, Inc. This non-profit aims to transition those with SMI from inpatient hospital settings back into the community through the use of occupational, educational, and residential supports. I worked at the clubhouse, *Teamworks*, where members would come to attend group meetings, learn skills such as cooking and cleaning, and interact with other members. During my time at Reliance Health, I also worked for the Southeastern Mental Health Authority (SMHA) for two weeks facilitating a smoking cessation program called *Rewards to Quit*. This was part of a state-wide study that examined the effect of monetary compensation on participants' adherence to a smoking cessation program, as well as the amount of cessation.

(<https://www.weitzmaninstitute.org/rewards-quit>). During these two weeks at SMHA, I was responsible for scheduling participants and sending them reminders before their sessions, breathalyzing participants and recording their nicotine levels, and recording and managing the data collected from the trial.

Duties: Facilitating group meetings, instructing members on independent cooking skills such as cooking and cleaning, interacting with and providing support for members.

TRAINING AND CERTIFICATIONS

Duke University School of Medicine

Collaborative Institutional Training Initiative (CITI) Informed Consent Training

Dec 2017

Duke University School of Medicine

CITI Biomedical Research Training

Dec 2017

Duke University School of Medicine

CITI Good Clinical Practice Training

Dec 2017

Duke University School of Medicine

Human Research Training

Dec 2017

Duke University School of Medicine

HIPAA Privacy and Security Training for Research Clinicians

Dec 2017

Duke University School of Medicine

Human Research Training

Dec 2017

VOLUNTEER AND LEADERSHIP EXPERIENCE

McGill University, Montreal, QC

Students in Mind (SiM) Logistics/Publicity Volunteer

October 2016

SiM was a weekend-long conference organized by McGill University students that focused on mental health issues, prevention of mental health issues, outreach and support for those suffering from mental health issues, panels of experts from the McGill and Montreal community, and more. I assisted with the promotion of the event, as well as helping with logistics the days of the conference (e.g. checking in participants, attending to panel guests, presenting speakers).

McGill University, Montreal, QC

Orientation Leader

August 2014, 2016

McGill University, Montreal, QC

International Student Leadership Program (ISLP)

2015-2016

ISLP was a program dedicated to easing the transition for international students coming to McGill. We hosted events such as tours of various

attractions/sight-seeing areas of Montreal, connected students to student services at McGill, helped students find housing, organized a week-long event highlighting the international/cultural clubs at McGill, and hosted informal gatherings for international students to come and meet one another.

SPECIAL SKILLS

Proficient in Macintosh and Windows operating systems.
Proficient in Microsoft Office apps and Google apps.
Eye-tracking experimental methods and software experience.
SPSS, R, and Praat experience.
English (native), Spanish (advanced), French (beginner).

REFERENCES

Roger Vilaradaga, Ph.D.

Principal Investigator, Assistant Professor
Duke University, Psychiatry & Behavioral Sciences
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Debra Titone, Ph.D.

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