Paige Palenski

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EDUCATION

2013-2017   **McGill University**, *Montreal, QC*

            Bachelor of Arts, Psychology; Bachelor of Arts, Linguistics

EXPERIENCE

Clinical Research Specialist, Sr., *Center for Addiction Science and Technology, Duke University,* Durham, NC

December 2017-Present

Working as a Clinical Research Specialist on clinical trials investigating tobacco dependence in various patient populations. Under the direction of Drs. Joseph McClernon and Roger Vilardaga, we investigated the effect of lower nicotine cigarettes in ADHD smokers to inform future FDA tobacco policies (NCT02599571). In addition, we tested a novel smartphone app based on the principles of Acceptance and Commitment Therapy for smokers with serious mental illness to help them quit smoking (NCT03069482).

Duties include: Recruitment and screening of study participants; scheduling participants; informed consent procedures; qualitative interviews; administrating cognitive tests; administering diagnostic interviews; collection of biological specimen; identifying and recording participant adverse events; data entry, management, and analysis; maintenance of office and experimental supplies; editing grants and funding proposals; editing manuscripts for publication.

Research Assistant, *McGill Language & Multilingualism Lab*, Montreal, QC

January 2016-June 2017

Worked as an undergraduate research assistant in Debra Titone's laboratory, which investigated the differences between bilingual and multilingual people, and monolingual controls; specifically, the differences in executive control between these two groups. Studies were mostly done with French-English bilingual participants. A variety of eye-tracking tasks, cognitive tasks, and questionnaires were used to investigate the research questions.

Duties included: Recruitment and screening of study participants; scheduling participants; administering eye-tracking and cognitive experiments; administering questionnaires; data entry and management; assisting in the formulation of experimental protocols; training of other undergraduate RAs.

Per Diem, *Reliance Health, Inc*., Norwich, CT

May-August 2015

Worked for a summer at the non-profit Reliance Health, Inc. This non-profit aims to transition those with SMI from inpatient hospital settings back into the community through the use of occupational, educational, and residential supports. I worked at the clubhouse, *Teamworks*, where members would come to attend group meetings, learn life skills such as cooking and cleaning, and interact with other members. During my time at Reliance Health, I also worked for the Southeastern Mental Health Authority (SMHA) for two weeks facilitating a smoking cessation program called *Rewards to Quit*. This was part of a state-wide study that examined the effect of contingency management on participants' adherence to a smoking cessation program, as well as on the amount of cessation. During these two weeks, I was responsible for scheduling participants, using a carbon monoxide monitor to test participants' smoking levels, and recording and managing the data collected from the trial.

Duties included: Facilitating group meetings; instructing members on independent cooking skills such as cooking and cleaning; interacting with members daily; administering smoking cessation questionnaires; CO monitor tests.

PUBLICATIONS & PRESENTATIONS

➢ Vilardaga, R., Rizo, J., Palenski, P., Mannelli, P., Oliver, J., McClernon, F. (2019). Pilot Randomized Controlled Trial of a Novel Smoking Cessation App Designed for Individuals with Co-Occurring Tobacco Dependence and Serious Mental Illness. *Manuscript submitted for publication*.

- Palenski, P., Vilardaga, R. (2019, May). *Secondary analysis of user engagement with Learn to Quit, a smoking cessation app designed for people with serious mental illness.* Cancer Control and Population Sciences Poster Fair, Duke University, Durham, NC.

- Palenski, P., Rizo, J., Small, M., & Vilardaga, R. (2018, July). *Exploratory Analysis of Baseline Predictors of Engagement with Theory-Based Modules of an ACT Smoking Cessation App for People with SMI.* ACBS World Conference, Montreal, QC, Canada.

- Rizo, J., Palenski, P., Small, M., & Vilardaga, R. (2018, July). *Longitudinal Trajectories of an ACT Mobile Intervention for Smokers with Serious Mental Illness.* ACBS World Conference, Montreal, QC, Canada.

CERTIFICATIONS & TRAININGS

- Basic Life Support Certification – *American Heart Association* (November 2018)

SKILLS

- Proficient in Microsoft Office and Google apps.

- Trained in using electronic medical records and participant management systems (e.g. EPIC Maestro Care, REDCap, OnCore).

- Administering semi-structured diagnostic interviews (MINI, SCID).

- Participant recruitment and retention in clinical research trials.

- Data entry and management.

- R and SPSS statistical analysis software.

- English (native), Spanish (advanced), French (beginner).